

Sample timetable - Adventure Choice

	Breakfast	Session 1	Session 2	Session 3	Lunch	Session 4	Session 5	Session 6	Dinner	Evening
Example timings	8 am	9.30 am	10.45 am	12 pm	1.00 pm	2.20 pm	3.40 pm	5 pm	6.15 pm	7.45 pm
Sunday	Arrivals and settle in					Leap of faith	Problem solving	Nightline	Dinner	Quiz
Monday	Breakfast	Climbing	Low ropes	Lunch	Team challenge	Aeroball	Archery	Dinner	Trail of mystery	
Tuesday	Breakfast	Caving	Balance beam	Lunch	Quad biking	Jacob's ladder	Zipwire	Dinner	Night walk	
Wednesday	Breakfast	Bushcraft	Jungle vines	Lunch	Half day English cultural excursion			Dinner	Movie night	
Thursday	Breakfast	Problem solving	Bouldering	Lunch	Orienteering	Abseiling	Fencing	Dinner	Scrapheap challenge	
Friday	Breakfast	Team games	Archery	Lunch	High all aboard	Laser	Team tech	Dinner	Disco	
Saturday	Breakfast	Full day English cultural excursion (including packed lunch)						Dinner	Campfire	

Sample timetable - English in Action

	Breakfast	Session 1	Session 2	Session 3	Lunch	Session 4	Session 5	Session 6	Dinner	Evening
Example timings	8 am	9.30 am	10.45 am	12 pm	1.00 pm	2.20 pm	3.40 pm	5 pm	6.15 pm	7.45 pm
Sunday	Arrivals and settle in					Leap of faith	Problem solving	Nightline	Dinner	Quiz
Monday	Breakfast	English language classes			Lunch	Team challenge	Aeroball	Archery	Dinner	Trail of mystery
Tuesday	Breakfast	English language classes			Lunch	Quad biking	Jacob's ladder	Zipwire	Dinner	Night walk
Wednesday	Breakfast	English language classes			Lunch	Half day English cultural excursion			Dinner	Movie night
Thursday	Breakfast	English language classes			Lunch	Orienteering	Abseiling	Fencing	Dinner	Scrapheap challenge
Friday	Breakfast	English language classes			Lunch	High all aboard	Laser	Team tech	Dinner	Disco
Saturday	Breakfast	Full day English cultural excursion (including packed lunch)						Dinner	Campfire	